

Community Hub

Forindividuals



Our new Community Hub is now open and welcomes individuals across Derby. We offer a warm and safe place where you will be able to access a wide range of services and support.

Our community team and partner organisations will be on hand to support you with a wide range of information, advice and guidance covering:

- · Education, training and employment
 - \cdot Physical and mental wellbeing
 - · Financial and debt advice
 - · Mental health services
- · Personal development activities, including arts and crafts, music and horticulture

The Hub has a community café, launderette, and community kitchens where you can prepare and cook your own meals. Our community pantry will offer food and other vital household items at affordable prices.

We invite you to drop in to have a look around, or please call us to find out more.





Community kitchens



Community Cafe









HOW TO FIND US



OPENING TIMES

Monday – 9am – 4pm Friday – 9am – 4pm

On Tuesday, Wednesday and Thursday each week, support will be available at YMCA Derbyshire's Campus on London Road, and at our Community Gardens. We can also refer you to other support services outside the Hub's opening times.



Food4Thought food parcel pick up times Monday to Friday 12pm-3pm.

Get in touch

Call us on: 01332 331280

Email: padley@ymcaderbyshire.org.uk

Visit: <u>www.ymcaderbyshire.org.uk</u>