

Checklist for healthcare workers working with new arrivals to the UK

This is the most important resource for working with new arrivals: [Assessing new patients from overseas: migrant health guide](#)

New arrivals to the UK include asylum seekers, refugees, students, economic migrants, and others. These groups will arrive here under different government visa schemes, this affects the support they receive to access health care when they get to the UK. It is expected that numbers of asylum seekers across Derby and Derbyshire will continue to rise.

Many new arrivals will have similar health needs to those that have lived in the UK for a long time. However, depending on the country of origin, countries travelled through and how people arrive here, there may be some very specific health needs.

New arrivals may have no experience of using health care systems or have experience of very different health care systems. Explaining the way the NHS works is important to ensure everyone can access the appropriate care; new arrivals may not know that optometry and dentistry services sit separately to general practice and will need signposting. UKHSA has advised that it is important to consider an individual's country of origin, and journey to the UK, as this will impact their exposure to different diseases, vaccination history and need for screening and vaccination programs. Some new arrivals will have had traumatic experiences before arriving in the UK, they may require specialist mental health support.

The checklist below provides you with some initial steps to support you and your team's work with new arrivals:

1. Check whether your surgery is inclusive for new arrivals: a. [Doctors of the World- Safe Surgeries Toolkit](#), b. [Inclusion Health Self-Assessment Tool](#), c. [Doctors of the World training](#)
2. Ask patients whether they are new to the UK
3. Explore, understand, and use translation services
4. Use the checklist linked here when assessing patients that are new arrivals: [Assessing new patients from overseas: migrant health guide](#)
5. Use these resources to support your work with new arrivals: [Migrant health guide](#)

To learn more, see the: [BMA refugee and asylum seeker health resource](#)



Derby City Council