

ONLINE PRESENCE

Website
14,000 new users
1,000 returning users
51,000 page views

Top 3 pages

- Help with the Cost of Living
- Homepage
- Jobs

Bulletins

1,206 subscribers
3 funding bulletins with information from 30 funding providers
1 Reach Out
6 one-off bulletins with other news, information and events.

Social Media followers (including Facebook, Instagram and Twitter)

5631

What have our followers been interested in this quarter?

- Derby Volunteer Awards
- The Derby Wall
- Youth Alliance/CYPN
- Job fair for Deaf people
- Derby's Warm Welcome Hubs

Community Action



VOLUNTEER CENTRE

The Volunteer Centre has had a busy few months, with the team making appearances, and dropping flyers, at events held by:

- The Derby City Sport Forum
- Derby Health Inequalities Partnership
- Multi-faith Centre
- Community Centres
- Job Centre
- University of Derby
- Derbion Community Room
- Derby College

A Language Café has been hosted by the Volunteer Centre each month and is a safe place for ESOL people to practise English in a non-pressured environment. An average of 10 people attend each session.

144 Volunteer Centre enquiry calls were received by the team.
119 calls about the Good Neighbour scheme were received by the team

3,003 total followers across Twitter and Facebook

COMING UP NEXT ...

- 6 training sessions (such as 'Introduction to Managing a Group' and 'Writing a Funding Bid') for the sector will be delivered by the Community Services team.
- Funding Market planned for next quarter.
- The Volunteer Centre will be getting a fancy new database to replace V-base - Team Kinetic.
- The Volunteer Awards will be taking place on 1 June. Nominations opened in March.
- Easter HAF 2023.
- New database for our member organisations.

IMPACT REPORT

Jan - Mar 2023



Community Action Derby

Shot Tower, 1 Morledge, Derby DE1 2AW
or
30 Charnwood Street, Derby DE1 2GU
www.communityactionderby.co.uk
enquiries@communityactionderby.org.uk
01332 346266

Community Action Derby is a registered charity (number 1043482) and a company limited by guarantee (number 02994798) registered in England



Enhancing life in Derby through voluntary action

Q4 has been teeming with exciting developments for Community Action Derby (CA). We have welcomed several new people to our ever-growing team: Claire Thornber, Community Services Manager; Aliyah Khan and Zain Raja, Active Through Football Community Development Officers and Michelle Butler, Youth Alliance Coordinator. We have been involved in the development and facilitation of even more key partnership projects across the city – specifically, the Winter Holiday Activities and Food Programme (HAF), Active Through Football project, Derby Health Inequalities Partnership, the Mental Health Collaboration, Derby Wellbeing project, BAME Carers, the Community Hub, and the Youth Alliance. Our Group Support Service continues to prove popular amongst Derby's growing voluntary sector as more prospective groups are receiving 1-2-1 support - 18 new groups have received help and advice on how to register as a charity, CIC or CIO. Our sector is definitely growing!



GROUP SUPPORT

'The Sikh Recovery Network primarily supports members of the Sikh community who are struggling with addiction issues. We have been working with Jaz at the Sikh Recovery Network for several years as he has developed and grown the charity. We supported Jaz to register his organisation as a Charitable Incorporated Organisation in 2019 and worked with him on a number of successful funding applications, notably from Awards for All. Jaz has grown the charity so that their support network now extends to a number of cities, including London,

Leamington Spa, Coventry and Leicester. Further expansion is planned and we have recently helped Jaz to apply for much longer-term funding through National Lottery's Reaching Communities. We also provided some support for the recent launch of their ground-breaking national report on the Impact of Alcohol Consumption Amongst Sikhs, at the Houses of Parliament. Jaz is part of DHIP and has also been awarded an MBE for his charitable work.' Nick Pritchard, Group Support Specialist Coordinator



26 groups have been provided with 1-2-1 support on constitutions, registrations and/or funding advice and general support.
4 groups have been supported with funding applications.
3 groups have been supported by CA offering third party banking in order to receive Together Fund grants - Drill Academy were able to buy much needed equipment to help set up their football sessions for at-risk youth.

'Our Social Prescribers from Derby City South PCN have been busy over the last financial year - reaching their target of 1.2% of the total patient population being referred into social prescribing. That's over 1,230 patients seen, worth approximately £6,000 for the local GP surgeries: Alvaston Medical Centre, Haven Medical Centre, Hollybrook Medical Centre, Melbourne and Chellaston Surgeries, Parkfield Surgery, Wellbrook Medical Centre, Willington Surgery and Village Surgery. This money will be divided up between the surgeries and go towards improved patient care. This target was achieved on 29 March 2023 and was achieved with the help of a partner Social Prescriber who works in partnership with the Social Prescribing team based within CA.' Sammi Cornwell, Social Prescribing Manager



Claire the goat at Whispering Trees, a place our Social Prescribers can refer people if they need a bit of peaceful countryside to reset their emotions.

Activities at the Sinfin and Hollybrook Carers group for those who look after, or care for, ill or disabled family or friends.



SOCIAL PRESCRIBING

594 referrals into Social Prescribing teams across Derby North and Derby South PCN and the Complex Needs Team.

500 referrals/signposting made by Social Prescribers for Derby North and Derby South PCN.

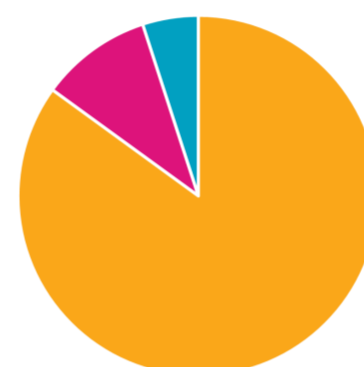
15 patients engaged via the Social Prescribing Community Coffee Mornings - with general advice and signposting provided.

WINTER HAF

'Alan (not real name) is eleven years old, his parents are separated and dad visits every weekend. When Alan joined the HAF club he clearly stated that he didn't want to be there, he had only come to look after his younger brothers. He didn't engage unless spoken to and kept his responses to a minimum. The children were split into age groups, which meant Alan wouldn't be in the same group as his siblings - he refused as he said he needed to be with his brothers so he could punish them if they misbehaved. The next day Alan was asked to play cricket, away from his brothers, he didn't know how to play cricket and so didn't want to go. He was paired with a similarly aged boy who was also having trouble engaging. They quickly became friends, with Alan leaving his brothers to do their own thing. Alan asked if he could continue to play cricket as he enjoyed playing, the team organised for him to do so and reinforced the coach's sentiments that Alan was a good player - he could play for Derby one day. Alan liked the sound of this. Alan took part in the rest of the HAF programme, making more friends, improving his newly made friendship, and leaving his brothers to their own devices. The team spoke to mum, Alan had told her all about the cricket and how he could start having lessons at the Cricket Club, He had also rung his dad and told him he could play for Pakistan one day. Mum was really pleased with the change in Alan's behaviour, he had started to refuse to go to school and was getting himself into trouble. She hadn't seen Alan this excited in a long time! Mum was told about free cricket sessions that Alan could attend. Mum and Alan have been to Aspire since HAF finished, they are unable to attend the free cricket sessions as mum doesn't have the transport to get them there and look after the other two children. Aspire is working with Derbyshire Cricket Club to find a way of further supporting Alan with his goal of one day playing for Pakistan. Alan is very happy about that!' Aspire and Derbyshire Cricket Club



Money paid into the sector



The Winter Holiday Activities and Food programme (HAF) saw **1,488 unique children** enjoy the benefits of a holiday club - with enriching activities, lots of physical activities and a hot meal - all for free. By doing things differently and partnering with CA, Derby City Council was able to make sure local children were supported by local groups. Over winter this meant a total of **£237,820** was given to the sector.

Local Groups Community Action Derby Coordinate Sport

*What do Community Connectors do?

- Take part in training to gain knowledge and learn new skills
- Promote health and wellbeing messages to local people, groups and organisations
- Signpost people to local groups and support services around health and wellbeing
- Organise, support or lead activities that provide people with the skills and knowledge to live healthier lives
- Talk to local healthcare service providers about their experiences and how things can be improved
- Help design new health programmes and initiatives
- Link with and support other Community Connectors in their area

DHIP

DHIP has grown with real life changes being seen. A report on inequalities surrounding the Black community was released to the public and a website (www.dhip.org.uk) was launched to replace the previous landing page.

47 people attended the membership meeting

101 total attendees at 3 Derby Wellbeing Collaboration meetings, including the ICB commissioning teams.

16 groups were allocated a share of £47,862 through the Core20Plus5 grant for [Community Connectors*](#).



YOUTH ALLIANCE

Two of the projects funded through Youth Alliance Inspire and Innovate grant funding (see box below) are summarised below: 'St Werburgh's Church have created a warm and welcoming, café-style space for young people (YP) who are facing difficulties of any kind. Food, hot chocolate, free WiFi and a dedicated support network will be available for the YP, enabling them to catch up on school work, have a calm, positive environment to be able to go to and to improve their self-esteem.

Anansi Theatre Company delivered weekly drama sessions for global majority girls. During the project, run by women of colour, the girls were able to learn skills such as storytelling, creative writing, performing and acting. The girls were able to gain the tools needed to use their voice to express how they feel - mental health and emotional wellbeing is important to Anansi Theatre Company and open conversations are readily encouraged.' Helen Britten, Youth and Physical Activities Manager

The Youth Alliance (YA) and Children and Young People's Network (CYPN) has continued its popularity throughout quarter 4 with continued involvement with Derby Poverty Commission, Active Through Football Derby*, Move More Derby, and Derby City Sport Forum.

40 organisations, on average, attending 3 networking meetings.

10 partner organisations attended 2 steering group meetings.

11 groups were awarded YA Inspire and Innovate grant funding totalling £8,693 in Jan 2023! (See above)

ATF

*Active Through Football has ballooned in popularity with the communities of Normanton and Arboretum with **559** new people 'booting-up' to take part and enticing **10** community members to take on a voluntary role within the project. Chill and Chai, Chair Based Exercise classes, Dads and Lads, Boxercise among other fun sessions were held throughout the winter months.

