

Outcomes Measurement tools

Free resources Outcomes Tools

Angus Well Being Web

[Well Being Web Link](#)

The *Wellbeing Web* has been developed by practitioners in Angus and is intended to be an interactive and engaging process to measure outcomes. This tool is based on an affirmative coaching model focusing on people's potential rather than their problems. It is used to support and assist growth and change. The process of using the *Wellbeing Web* to capture outcomes enables children and their carers to recognise where they are, where they would like to be and what steps they need to take to get there.

Soul Record

[Click here for Soul Record website](#)

The SOUL Record® is a flexible toolkit which utilises two main methodologies - Questionnaires and Worksheets – collating data to evidence soft outcome progression. Monitoring progressions such as confidence, self-esteem, and motivation it is split into sections relevant for adults, children and young people with the latter 2 mapped against the outcome areas of Every Child Matters people. Data from The SOUL Record™ can be used to assess the impact of a project, to support funding applications and to complete self-assessments and provide evidence for Ofsted inspections. The SOUL Record® automatically collates the data into visual graphs as evidence of progression, with each Questionnaire presented as a separate line. The graphs can be printed out and offered as evidence of progression and impact to the Client, funding organisations and at quality reviews.

Inspiring Impact

[Click here for Inspiring Impact](#)

Inspiring Impact is a UK-wide collaborative programme, working with the charity sector to help organisations know what to measure and how to measure. The site has support to help you assess your impact practice and access a range of tools and resources all free.

NPC Well Being Measure

[Click here for the NPC](#)

NPC's Well-being Measure is an online survey-based tool designed to help charities, schools and other organisations show the difference they make to the lives of young people. It looks at eight aspects of subjective well-being to quantify your impact on a group aged 11 to 16. It's flexible so you can choose which aspects you measure and add your own questions. They currently offer a free trial to all new users of the tool for a limited period of time. This free trial gives users access to a more basic version of the survey with limited ability to customise the survey.

Clinical Goal Based Outcomes

Outcome Rating Scale and Session Outcome Scales

[Link to Outcomes Rating Scales](#)

The Outcome Rating Scale (ORS) and Session Rating Scales (SRS) gives young people and carers a voice in treatment as it allows them to provide immediate feedback on what is working and what is not. These can be used to inform treatment thereby improving the outcome of services they offer to young people and families.

These tools are especially good for measuring a level of distress and how the young person is coping in their life and it allows workers to monitor whether the work is associated with changes in the young person's levels of distress i.e. *are things on track?*

Resources with Costs

Outcome Star (Triangle Consulting)

[Click here to go to Outcomes Star website](#)

The Outcomes Star is an approach to measuring change when working with vulnerable people. It is used within the frontline work process and is integrated within assessments and reviews by providing data on many levels:

- At the individual level it provides a picture of where the individual starts out and the outcomes achieved during the project
- At project level an aggregation of the individual stars makes it possible to see whether a project is achieving its aim
- At organisational level, it provides a summary of outcomes across all projects and makes it possible to make comparisons

It can also serve as a basis for reporting outcomes to commissioners and funders. An online version, the Outcomes Star System is now available with charts stored online, making cross referencing easier.

Example of Family Star – showing the difference made for a cohort over 12 weeks

Scale: Family Star	Initial (Average)	6 weeks	12 weeks	Final (Average)		Average Change (Outcome)	% Change
Physical Health	1	2	3	4		3	75%
Emotional Well Being	2	3	5	7		5	71%
Keeping Yourself Safe	2	3	4	7		5	71%
Social Networks	1	1	2	2		1	50%
Education and Learning	6	6	2	7		1	14%
Boundaries and behaviour	2	1	4	7		5	71%
Family routine	5	2	4	8		3	38%
Home and Money	2	2	4	5		3	60%
	3	3	4	6		3	55%

