

SOCIAL PRESCRIBING COFFEE MORNING

This could include but is not limited to:

- Loneliness and isolation
- Mental health
- Community services
- Benefits
- Debt management
- Volunteering
- Housing



Social prescribing is a person centred approach focusing on what matters to you. We can support with signposting and accessing organisations and services that could benefit your current situation

Where: Better Together Cafe,
Council House, Corporation
St, Derby DE1 2FS

When: The first Wednesday of
every month

Time: 10:30 - 12:00

Who: Anyone, just drop in

For more information contact Rosa Parry
on 07903 271 525 or email
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