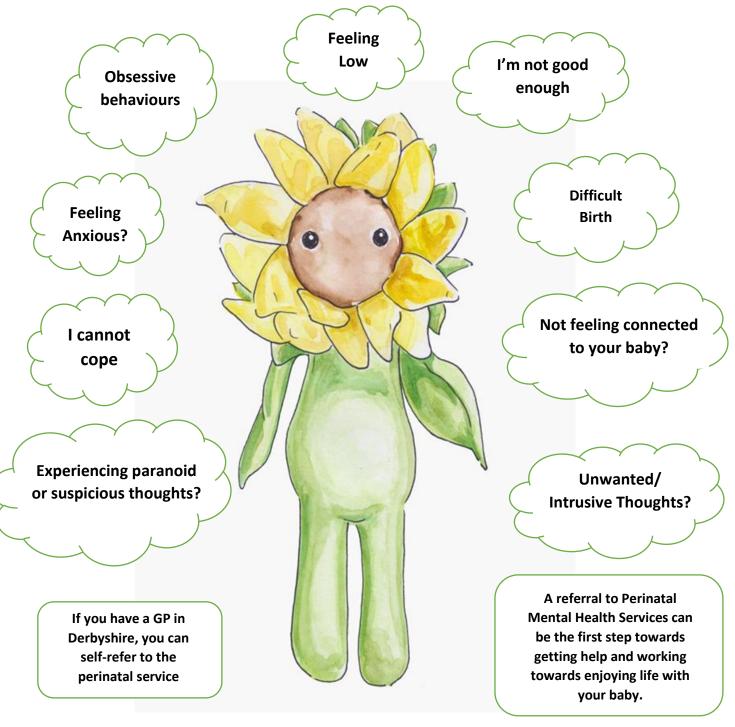
Derbyshire Healthcare Perinatal Services

Struggling with your mental health in pregnancy or as a new Mum?

You are not alone, 1 in 5 mothers experience the same.



Our Community Perinatal Mental Health Team can offer you an assessment and tell you about the help you can access from the 12th week of your pregnancy, up until your baby is two years old.

Please contact us to make a self-referral for an assessment:

Tel: 01332 623911 or Email: dhcft.perinatalcmht@nhs.net



