

We always have a wide range of voluntary opportunities available for people in Derby to get involved in. You can search for the opportunities that suit you at www.do-it.org.uk

We also offer a drop-in service with one to one sessions with one of our Volunteer Centre Advisers if you need more support to help you find something to get involved with. The drop-in service is open on Mondays, Wednesdays and Thursdays between 10.00 am and 5.00 pm at our office at 31 Charnwood Street in Derby or you can call us on 01332 342272.

Over the next few pages you will find some examples of different volunteering opportunities to give you an idea of what's currently available. Organisations write their own description of the opportunity, so some are more detailed than others.

Administration

Admin Support Worker – Play and Recycling Centre (PARC)

- Volunteering with PARC will give you a fantastic opportunity to support the world of recycling and creative arts. We are currently looking to recruit volunteers to help provide administration support for the Centre Manager.
- You'll need to have IT skills and some experience in MS Word, Excel and Access. Based in our main office you'll be using Excel and Access to help us keep track of orders and donations. You'll also be using MS Word to write letters to organisations, funders and individuals about our work.
- You'll receive an induction and ongoing support from the Centre Manager. You'll also receive out of pocket expenses for your travel to and from PARC. This could be a full-time role for one volunteer or could be a part time one for a few volunteers.
- Here at PARC we really value the excellent work and commitment our great team of volunteers puts in for us. We hope you'll be joining that team too!

Administration Volunteer – NACRO

- We are the Derby branch of the UK's largest crime reduction charity. We work with young people aged 14 to 18 in education and training projects which develop learning, self esteem, confidence and employment prospects.
- The volunteer will assist in the day to day running of the organisation by utilising effective general administration skills in order to help NACRO achieve its aims and objectives. They will also assist reception with telephone enquiries, word processing/typing tasks, preparation for meetings, minute taking and all general admin tasks.
- We currently need a volunteer for one afternoon a week.

Clerical Helper Outer – Osmaston Park Community Centre

- Duties will include answering the telephone, taking bookings, sending out forms, logging incoming mail and help with invoicing.

Advice, Information and Support

Help and Information Volunteer – Derbyshire Friend

- Help and information volunteers provide information and support to individuals via the switchboard, face-to-face and call back support services. Tasks will be to:
 - answer information and support calls through the switchboard service;
 - carry out face-to-face support when required;
 - carry out face-to-face Information, advice and guidance (IAG) sessions;
 - develop and contributing to the 'call back service'; and
 - complete project monitoring sheets.
- Volunteers at Derbyshire Friend must have the ability to work within the policies and procedures of the charity.

Job Shop Support Assistant – Derwent Stepping Stones

- This opportunity has been created to support the Education and Employment Department team to provide an inclusive job shop facility, to help people to see opportunities and to encourage and inspire them.
- Key tasks are to:
 - ensure job board is kept up to date;
 - buy newspapers weekly;
 - ensure Job Shop is tidy and well organised;
 - provide a warm and welcoming environment;
 - assist Job Shop customers as required, for example internet searches, printing and photocopying and booking appointments;
 - maintain records of those who attended;
 - evaluate the services provided; and
 - promote the Job Shop service at events.

Support Officer – Multiple Sclerosis Society, Derby and District Branch

- The main aim of this exciting role is to be the primary point of branch contact for people seeking information about Multiple Sclerosis or access to available services and support. Key tasks and responsibilities are as follows:
 - be the point of contact for newly diagnosed people;
 - provide a listening ear for the concerns of people affected by MS;
 - provide accurate information about MS and its management;
 - develop collaborative relationships with health and social services; and
 - co-ordinate requests for welfare grants.

Volunteer Support Worker (Turn Around) – Women's Work

- Turn Around is a professional service delivered to women by women to address offending behaviour. The Turn Around Project's ultimate aim is to reduce reoffending.
- We offer support through counselling, health advice, learning mentors, arranging and accompanying service users to their appointments, family support, referral to other relevant support agencies, mediation and advocacy, direct access to drug treatment, housing advice and benefit and budgeting advice.
- Volunteers will provide effective support to the project staff within the Women's Work organisation and the services it provides.

Befriending and Buddying

Befriender – Ryder-Cheshire Volunteers

- Volunteers give help and support to physically disabled adults to pursue a leisure or learning opportunity of their choice. Volunteers could do a number of things depending on their interests from swimming to shopping. We try to match the volunteer to a like minded service user.
- You will also make loads of new friends as we socialise on a regular basis.

Befriending and Buddying – continued

Befriending With Oaklands – Oaklands Community Care

- Are you interested in an extremely rewarding role within your community? You could support service users with mental ill health difficulties/learning disabilities take part in regular recreational activities, whether this be monthly support with a group outing such as bowling or weekly coffee and cake at a café with an individual.
- Your support could help service users develop new skills and interests, gain independence and make new friends.

Volunteer Befriender – Alzheimer’s Society, Derby and Derbyshire South Branch

- Volunteers befriend a person with dementia. Sharing skills and interests, providing companionship, emotional support, reminiscing and so on according to an individual’s needs and preferences, to improve quality of life, reduce isolation, giving pleasure and boosting confidence – enjoying mutual skills, interests and so on.
- Through helping maintain the interests of the person with dementia, the volunteer is able to follow their own interests too.

Catering

Cook – Spondon, Chaddesden and Oakwood Live at Home Project

- The scheme offers support to older people who may have become isolated from friends and family due to ill health or problems getting out and about. We offer befriending, lunch club, drop in facilities and so on.
- The Lunch Club Cook will be preparing food for between 40 and 50 people.

Teabar Helper – Enabled Art

- Helping to serve tea, coffee, and food, washing up and stocking up the teabar, taking drinks to service users and handling money.
- We will put the volunteer on food hygiene and manual handling courses.

World Peace Café Volunteer – Tara Buddhist Centre

- Assist the supervisor in serving customers, making drinks, making light meals, working at the till, clearing tables, also if applicable help to prepare food at start of the day and clean at the end of the day, as well as general cleaning during the day.
- Volunteers at weekends work with a team of people when the café is busy. Volunteers work with a supervisor at the start and can work on their own when fully trained.

Children

Ambassadors (Boarding Placement for Vulnerable Children 11 to 15) – Joint Education Trust

- Boarding Placement for Vulnerable Children (BPVC) and Joint Education Trust (JET) are seeking Volunteer Ambassadors.
- Are you looking for a rewarding voluntary role? One where you will be part of a highly motivated team supporting vulnerable children in your community? Have you the ability to influence at the highest level in local politics, perhaps even fluent in the language of the local civil servant? Would you like to work with JET on the DCSF BPVC programme?
- Key activities are to:
 - enable Local Authorities to access and use school boarding as part of their resources for suitable vulnerable children;
 - educate staff, parents, children about the BPVC programme;
 - support JET and our Area Representatives in their selection of children and schools for the programme;
 - develop and manage a single/group of Local Authority departments and engage their interest and use of the BPVC programme;
 - influence staff across a range of local Authorities and departments; and
 - liaise with JET Area Representatives and attend training as required.

Children – continued

Patch Play Volunteer – Connecting Communities (Barnardo's)

- The Community House is a friendly community building which runs after school and holiday clubs and inclusive play sessions. The sessions are run at the Community House and Sure Start. Holiday clubs run from 9.00 am to 3.00 pm. After school facilities run 2.30 to 5.45 pm.
- The volunteer will work alongside play staff to assist in enabling children to have thoroughly enjoyable sessions. They will also be involved in setting out sessions and putting away. There are also opportunities to volunteer with groups and individual children who may require extra support as well as to work with children with disabilities.
- Although Barnardo's has a positive attitude towards ex-offenders, offenders classified as a risk to children cannot volunteer in this environment.

Pear Tree Playscheme Volunteer – Pear Tree Playscheme and After School Club

- The Pear Tree Playscheme provides children with many fun based learning activities, which keeps the children away from any deviant, criminal or anti social behaviour. Activities include pool and football tables, outdoor/indoor sports, board games, outings, computer games, bouncy castles, henna tattoos and face painting amongst other things. The children also participate in an annual talent show and sports day, where prizes and medals are handed out.
- The responsibilities of the volunteer are to:
 - assist, plan and deliver activities;
 - provide support and assists to staff members where required;
 - help set up and clear activities;
 - play an active role and assist group leaders with children's activities; and
 - carry out any remedial duties as and when required.

Play and Activity Club Volunteer – Markeaton School's Out Club

- We are extending our successful Schools Out club to the Ashbourne Road/Markeaton area of Derby.
- We are looking to recruit volunteers to help support our activities for children. This will include craft/cookery activities, reading to children and trips out.
- We are also looking to recruit local helpers to walk children to and from school.

Counselling

Anxiety Telephone Helpline Volunteer – First Steps to Freedom

- We run a helpline from 10.00 am to 10.00 pm every day of the year, which we are soon to extend. Our volunteers work a four hour shift per week when the helpline is switched over to their home telephone at the appointed day and time.
- All our work is done on the telephone, including running self help groups. These groups are structured specifically to aid anxiety sufferers who have taken the decision to actively learn the coping skills in order to manage their anxieties. If preferred, we run 1-2-1 courses, also over an eight week period. This follows the same pattern as the self help groups, the only difference being that the sufferer has the individual attention of our volunteer.
- Our volunteers should be empathic, good listeners and whilst understanding the pain of others, should have the ability not to take the caller's problems on board. Many ex service users are now volunteers for our organisation after recovering through the help they have received from First Steps to Freedom.

Voluntary Counsellor – Derbyshire Rape Crisis

- We are looking for counsellors who are able to offer at least two hours per week, and who are qualified or qualifying to PG Diploma level. We are looking for qualified counsellors who can help survivors of recent or historical rape or sexual abuse, and their families and friends.
- We provide free in house training on an ongoing basis, and a compulsory initial training component.

Counselling – continued

Volunteer Helpline Counsellor – ChildLine Midlands and East Anglia (Nottingham)

- This is an opportunity to join a friendly and caring team at ChildLine Nottingham. We invite all our potential volunteers to a Volunteer Information Meeting (VIM) in the first instance. Volunteer Counsellors take calls on the helpline from children and young people who may ring with any problem. Using counselling skills and child protection knowledge to help callers explore their feelings about their situation and identify possible options.
- ChildLine's volunteer counsellors are ordinary people doing something extraordinary, helping to change children's lives. We provide full training, ongoing support and supervision. We are always looking for people who genuinely care about children and young people, are open minded, non judgemental and respectful, can listen to distressing and painful problems, are committed to our training and work.
- The shift times we currently need volunteers for are:

<input type="checkbox"/> Tuesday	10.15 am to 2.00 pm	2.45 pm to 7.00 pm	5.45 pm to 10.00 pm
<input type="checkbox"/> Wednesday	5.45 pm to 10.00 pm	8.45 pm to 1.00 am	
<input type="checkbox"/> Thursday	2.45 pm to 7.00 pm	5.45 pm to 10.00 pm	8.45 pm to 1.00 am
<input type="checkbox"/> Friday	1.15 pm to 5.30 pm	4.15 pm to 8.30 pm	
<input type="checkbox"/> Sunday	7.15 am to 11.30 am	10.15 am to 2.30 pm	

Disability

Advocate Supporting people with Learning Disabilities – Derbyshire Advocacy Service

- Speaking up on a person's behalf, perhaps at a meeting to help to make their wishes known.
- Offering support to help someone to gain the confidence to speak up for themselves when they are making choices about their life.

Home Visiting/Befriending – Derbyshire Association for the Blind

- Home visitors share their eyes with visually impaired people – help with mail, chat, local shopping or walks, depending on the needs of the member.

Special Needs Assistant – Sound Bites

- We are looking for a friendly and outgoing volunteer to work with a female volunteer with Down's syndrome on a work placement in our shop on Tuesday and Thursday mornings.
- The right volunteer will be trained up in various aspects of shop floor work to be able to assist and supervise our volunteer to independently do a wider range of jobs and make working an interesting and fun experience. She currently packs pasties and flapjacks, helps with some veg packing and does some work on the till, however we don't have the time to train and supervise her to do a wider variety of jobs.
- The right volunteer will be trained up in the shop floor to be able to show our volunteer how to do an array of jobs and to supervise her and give help should she need it. This will include working on the till, stacking shelves, bottling refills, serving at the deli, printing pack down labels and packing fruit and veg.

Your Turn Volunteer – Umbrella

- Volunteers are needed to accompany disabled children and young people to mainstream leisure activities and clubs throughout Southern Derbyshire. Volunteers will be matched one to one with a child or young person according to mutual interest.
- The volunteer will ensure activities are adapted where necessary, assist with specific tasks according to individual need, encourage independence and make sure that the experience is both enjoyable and meaningful. The child or young person will previously have been attending the activity or club with an Umbrella Activity Support Worker.
- Applications are welcome from volunteers aged 16 years and above.

Driving

Collection and Drop-off Driver – Age Concern Derby and Derbyshire

- Age Concern Derbyshire is a registered charity which promotes the welfare of older people. The organisation provides comprehensive information service for older people and their carers. We provide an information and befriending service to older people and we also run eleven charity shops in Derbyshire, for which volunteers are heavily involved.
- We are currently looking for volunteer drivers to drive our van to pick up donations and deliver stock to our charity shops in and around Derbyshire. The majority of the driving will take place in and around Derby city.

Delivery Driver – WRVS Derby

- WRVS Derby operates a hot meals delivery service on behalf of Derby City Council, 365 days a year. We deliver hot meals to vulnerable people in the Derby City area.
- We are recruiting volunteer drivers to take meals to our service users between the hours of 11.00 am and 2.00 pm. You'll be working in pairs – one driver and one delivery assistant delivering meals together.

Equipment Transport Person – 21st Ilkeston Scout Group

- To tow our trailer of camping equipment to camps on various weekends from Easter to September.
- The driver needs their own car with a towing hitch.
- We camp anywhere within a 40 mile radius of Ilkeston.

Minibus Driver – Sinfin Live at Home Scheme

- The volunteer will be driving one of our 15 seater minibuses each Wednesday afternoon transporting our members, all aged over 70, to our afternoon social group. There will always be a volunteer escort accompanying him or her. All our members live in the Sinfin area and meet at Sinfin Moor Church.
- The social afternoon starts at 2.00 pm and they leave to go home at 4.00 pm. The group is largely volunteer based and we have a lot of fun each week, with entertainment, talks and so on.
- Our previous driver was with us for over five years and has made the decision to retire, we therefore we need a volunteer to join our friendly group.

Education and Literacy

Basic Skills Volunteer – Support Into Work

- Gives one-to-one support to clients with reading and writing practice and literacy skills.
- Helps clients with numeracy work, from basic arithmetic to using maths in day-to-day living situations.
- Is expected to work towards a basic skills teaching qualification with guidance from Support Into Work.
- Works under the direction of the tutor, requests help and advice from the tutor when necessary, and does not work unsupervised.
- Is willing to receive feedback from the tutor who supervises him/her.
- May assist with the preparation or updating of resources for basic skills.
- Helps clients in a group setting.
- Respects the needs of people with disadvantages.
- Shows an awareness of equal opportunities.
- Observes Support Into Work's health and safety practices.
- Completes his/her agreed hours reliably each week (except for notified time off and unforeseen circumstances).

Education and Literacy – continued

Learning Mentoring Volunteer – NACRO

- We are the Derby branch of the UK's largest crime reduction charity. We work with young people aged 14 to 18 in education and training projects which develop learning, self esteem, confidence and employment prospects.
- To provide assistance and support to young people, also offering ongoing encouragement and tuition to enable them to engage and progress within the attainment of Literacy and Numeracy skills. To motivate young people in sporting activities and outdoor pursuits.

Playing for Success Mentors – Playing for Success

- Playing for Success Study Centres' aim is to provide out of hours learning and extra curriculum support for young people aged between nine and 14 years from local schools.
- As a volunteer Study Coach you will be a positive role model for young people, helping them acquire a range of study skills in a fun environment. Through a range of activities, for example, music creation and video animation the children develop their IT, numeracy, literacy and social skills. The volunteer Study Coach supports the children as they complete these activities offering help, advice and encouragement, ensuring success and the completion of the activities to the best of the child's ability.
- Sessions are held at two study centres at Derby County Football Club and Derbyshire County Cricket Club on a Thursday between 3.30 and 6.30 pm.

Volunteer Mentor/Classroom Assistant – NACRO

- We are the Derby branch of the UK's largest crime reduction charity. We work with young people aged 14 to 18 in education and training projects which develop learning, self esteem, confidence and employment prospects.
- Volunteers will assist in the classroom, mentor and support people on visits and outdoor activities.

Elderly

Dog Walkers for Elderly Owners – The Cinnamon Trust

- The Cinnamon Trust is the national charity for the elderly, terminally ill people and their pets. We provide help with day to day care of the pets, transportation to vets, fostering when owners are in hospital or respite care, and long term care of bereaved pets where owners have requested.
- We seek to keep owner and pet together for as long as possible with the help of a national network of volunteers who assist with any aspect of day to day care of pets. We require volunteers who can help out in any of the following areas:
 - Dog Walking – even once a week can make a huge difference;
 - Short Term Fostering – helping to care for a pet in your home while the owner faces a short spell in hospital; and
 - all over aspects of general pet care.
- Volunteers can download an application form from www.cinnamon.org.uk/donations or through Derby Volunteer Centre.

Peer Mentor (Promoting Physical Activity) – University of Nottingham

- If you are aged 50 or over and physically active, you could volunteer to help people aged 65 and over to get fit and keep fit. The opportunity has arisen to help motivate people to exercise by being a 'Peer Mentor' on an exciting new NHS-funded research project.
- You will receive specialised training in exercises proven to reduce falls and fractures in older people and also training by a Peer Mentor Expert. You will make a difference by supporting people to do home exercises and you will see people progress in fitness and confidence over a time span of up to two and a half years.
- This is a very rewarding volunteer opportunity: you will work with people on a one-to one basis but will be part of an established Peer Mentor team.

Elderly – continued

PIRAMID Project Volunteers – Community Action Derby

- The PIRAMID Project has been set up to support older people who wish to remain independent in their own homes. They perhaps don't have the social contacts they once had, are coming to terms with a bereavement, an experience of crime, or recent life changes.
- Volunteers are needed to visit older people, offering kindness and friendship. This might just be chatting to someone in their own home or supporting them to take part in local activities or groups.
- We are hoping you will be able work with the PIRAMID team to improve the confidence and motivation of people who feel isolated in their community.

Volunteer Visitor – Independent Age

- Keep in touch with beneficiaries to ensure that they are receiving their regular payments from Independent Age.
- Visit beneficiaries as often as possible or as needed.
- Notify the Area Manager and Head Office of any changes affecting the circumstances of the beneficiaries.
- Raise the profile of Independent Age within the defined area.
- Encourage others to join as Independent Age Visitors.
- Support Volunteer Fundraisers in running local community fundraising events.

Emergency Services

Community First Responders – St John Ambulance

- Teams of trained volunteers in a local community who can be on an emergency scene quickly, for example if someone is suffering a heart attack or breathing difficulties. The Community First Responder can manage the incident and provide prompt immediate care on behalf of the NHS Ambulance Trust before the NHS Ambulance arrives, thereby saving vital minutes and allowing treatment such as defibrillation to be more effective.
- Called out by East Midland Ambulance Service (EMAS) along with a Fast Response Vehicle and an ambulance on receipt of appropriate 999 calls, local volunteer First Responders can often arrive at the scene minutes before the professionals, and for every minute saved, survival prospects can be increased by 10%.
- We are urgently looking to recruit volunteers in the Spondon area.
- Please note: You will need to provide your date of birth to be referred to the opportunity.

Fire and Emergency Support Service – British Red Cross Derbyshire Branch

- This service provides short-term support to people who have been the victim of a domestic fire or flood. The volunteers offer to provide cover and they are put onto a rota system – which runs from 6.00 pm to 6.00 am each day. When they are on duty they carry a pager and if an incident occurs then they are called out by the Fire Service to attend the incident and support the families involved. The Fire and Emergency Support Service also runs for 24 hours on weekends and bank holidays.
- The volunteers help with activities such as finding the family temporary accommodation; providing food and clothing and helping to produce photographic evidence of fire damaged goods.
- In order to be eligible for the service you must live within a 30 minute drive of Nottingham Road Fire Station in Chaddesden.

Special Constabulary – Derbyshire Constabulary Headquarters

- Be part of something special and make a difference.
- Volunteer Special Constables in Derbyshire are aligned to a Safer Neighbourhood Team and work with their team to help implement lasting solutions to local issues. Safer Neighbourhood Policing is all about having dedicated local teams making areas safer, cleaner and a more pleasant place to live.

Fundraising

Local Promotion Volunteers – Cancer Research UK

- Support Race for Life and other events by promoting them in your local area and ultimately help us to meet our vitally important participant and fundraising targets. This may involve any or all of the following:
 - attending your local promotional events at shopping centres and so on;
 - distributing promotional materials in your local community and place of work;
 - promoting the event among friends, family and colleagues;
 - being an expert in your local area – informing your Area Event Manager of promotional opportunities, for example, local publications, events, community venues, places to put up banners and so on; or
 - volunteering at the events themselves as a marshal, steward, handing out water bottles, medals and goody bags and so on.
- Any amount of time you can provide in the months leading up to the event would be valuable to us, whether it's once a week or one occasion before the Race for Life takes place. Please note that some promotional activities take place during the week within working hours.

Rainbows Lottery Representatives – Rainbows Children's Hospice

- Becoming a Rainbows Lottery Representative is perfect for anyone that enjoys meeting people.
- This role would consist of promoting the Rainbow Children's Hospice Lottery throughout the East Midlands.
- This role has been designed to be flexible, fitting around your home and family life and volunteering when you are able to.

Volunteer Collections Box Steward – Disability Direct

- The volunteer will be helping to raise both funds and awareness for Enabled Art, a charitable organisation of disabled artists of all ages and abilities.
- The volunteer will begin by developing links with potential places in Derby City who will be willing to display a countertop collection box. The volunteer will then set up a network of boxes and remain in regular contact with the collection sites. The boxes will be emptied and counted at the Disability Direct office, ensuring accurate receipting and the volunteer will also be responsible for sending thank you letters and certificates of amounts raised to collection sites.
- The volunteer will be supported by the Fundraising Manager at Disability Direct and will be affiliated with the Information and Development team. A desk, phone and access to a computer will be made available and full training will be provided on using that equipment. All materials, stationary, postage will be supplied.
- The volunteer will undergo an induction to familiarise themselves with the office environment and there will be the opportunity for Disability Awareness training. The Fundraising Manager will be available at all times for support and advice.
- Once a CRB check has been completed the volunteer can start.

Gardening

DC Volunteer – Derbyshire Conservation Volunteers

- As a Conservation Volunteer you will be helping maintain areas to conserve and enhance the wildlife potential of rural and urban areas.
- Tasks that are involved include:
 - Slash and Burn (Woodland Management) – great for getting rid of any pent-up frustration, woodland management often involves slashing your way through everything in sight, sometimes just slashing at particular types of tree and shrub, such as rhododendron, ash or elder, to clear the way for wildlife and/or other species to flourish;
 - Tree Planting – DCV's 21st anniversary task involved planting 21 beech trees in an avenue in Shipley Park – make the hole, put the tree in it, tie it to a support and keep coming back every 50 years to remind yourself how much oxygen you've put into the atmosphere;
 - Fencing – when trees aren't on hand to be laid into a handy hedge, fencing is a useful alternative: fences can be anything from 100% wood to various wood and wire combinations, depending on what's required – recent fence locations include Tittesworth Reservoir, Riddings Park Farm, the Peak Park and Shipley Park – it's nice when you go on a walk round the countryside and are able to point to a sturdy fence and say "I built that."; and
 - Footpaths and Steps – another task that requires a combination of brain and body: most DCV tasks involve destruction of some kind, so it's always a nice change to construct a fine set of steps which will keep walkers happy for years – clearing a footpath helps promote birds, bees and butterflies and makes the beautiful countryside available to everyone.

Grounds Person – Tara Buddhist Centre

- We have 38 acres of land which requires continual maintenance from spring through to the summer so are always looking for help mowing lawns, strimming, weeding, clearing and planting.

Longshaw Walled Kitchen Garden (Garden Supervisor) – The National Trust

- The National Trust is aiming to establish a permanent walled kitchen garden at the Longshaw Estate, as part of their Food Programme and wider engagement work.
- We would like to appoint a Volunteer Garden Supervisor to assist in the day to day management of the garden. We are looking for an individual who is well motivated, with a knowledge of fruit and vegetable gardening, to manage the planting and maintenance of the garden. The aim is to provide fresh produce for the tea room at Longshaw and those who help manage the garden and to use the garden as a learning resource for the local and wider community.
- Key tasks are to:
 - make sure that the garden is tidy and well presented;
 - supervise the planting of the garden in accordance with the needs of the Tea Room at Longshaw;
 - assist in the engagement of key communities, schools and individuals through events and activities as necessary;
 - assist in the training of a volunteer team for the Kitchen Garden in conjunction with the Peak District Volunteer Programmes Manager for both the development and running of the garden;
 - arrange rotas to ensure volunteers are available to help with the upkeep of the garden;
 - ensure that equipment and tools are in good safe working order;
 - undertake such other appropriate assistance in relation to the Kitchen Garden as may be reasonably requested by the National Trust manager; and
 - work in compliance with the Trust's health and safety policy at all times.

Gay, Lesbian, Bi and Transsexual

Detached Outreach Volunteer (Male) – Derbyshire Friend

- Detached Outreach Volunteers provide appropriate information to gay, bisexual and other men who have sex with men (MSM) using Public Sex Environments (PSEs) and Public Sex Venues (PSVs), including:
 - delivering relevant and local campaigns and interventions, on a range of subject areas;
 - delivering targeted sexual health interventions in PSEs and PSVs;
 - providing appropriate information to MSM seeking it; and
 - completing project monitoring sheets.
- Volunteers must have the ability to work within the policies and procedures of the charity.

Outreach Volunteer – Derbyshire Friend

- Outreach Volunteers provide appropriate information to LGBT people using the commercial scene venues. Including:
 - delivering relevant national and local campaigns and interventions, on a range of subject areas;
 - providing appropriate information to LGBT people seeking it; and
 - completing project monitoring sheets.
- Volunteers must have the ability to work within the policies and procedures of the charity.

Telephone Helpline – Derbyshire Rape Crisis

- The main purpose of this role is to provide voluntary cover for at least one shift per week on DRC's helpline service.
- We are looking for anyone who can give a minimum of two hours a week at our Derby City helpline for survivors of recent or historical rape or sexual abuse, and their families and friends. We're looking for compassionate people with good listening and empathy skills.
- The key responsibilities are to take part in our in-house training, undertake a minimum of one helpline shift per week, to treat all clients, staff and volunteers at DRC with respect and to maintain our policy on confidentiality.

Health, Hospital and Hospices

CamTAD Hearing Aid Volunteer – CamTAD, Southern Derbyshire

- Re-tubing and cleaning hearing aids and occasionally giving advice and information on environmental aids working in health centres.

Enter and View – Derbyshire LINK

- Since Derbyshire LINK's inception, our Development Workers have been ranging far and wide across Derbyshire making contact with local people, and gathering their views and concerns on the topics of health and social care. There are many different ways we can then make constructive use of this information, one of them being visits to health and social care premises. This is where you come in.
- When a service has been flagged up as delivering a particularly good or poor service, Derbyshire LINK can establish contact and, in some circumstances, ask its trained Enter and View 'Authorised Representatives' to make an observational visit to that service. The volunteers will be expected to record the information they gather and feed it back to Derbyshire LINK, which can then take appropriate action.

Hospital Eye Clinic Volunteer – Derbyshire Association for the Blind (DAB)

- The aim of the service is primarily to give support and information to patients who have been registered as Sight Impaired and to their carers, before they leave the clinic after seeing the Consultant. The best support we can offer at this time is to provide an opportunity for people to talk about their problems, fears or difficulties.
- You will be based in the Eye Clinic at The Royal Derby Hospital, Uttoxeter Road, Derby.
- You will be offering a friendly welcome to visually impaired people at eye clinics, offering them the opportunity to talk and ask questions about their present and on-going situation. You will also:
 - explain the registration procedure and the role of social workers;
 - introduce DAB and other sources of help and support;
 - liaise with hospital staff, social services and other agencies as appropriate;
 - record appropriate information about each patient; and
 - help maintain supplies of current information for patients, carers, callers and colleagues.

Heritage

Countryside Information Volunteer – The National Trust

- The Countryside Information Volunteer will provide a welcoming presence in the countryside to people visiting the Peak District Estates. Volunteering will take place in a variety of locations on the estate where currently we have very little physical presence but where we have thousands of visitors a year.
- The Countryside Information Volunteer will play a key role in informing and engaging with our visitors in Dovedale, Manifold Valley, Ilam Park, Mam Tor area, Edale Valley, the Longshaw Estate and the Derwent Valley. These roles will be managed from a variety of bases across the Peak District and location will depend on the volunteer's place of residence or preference. Volunteers may be required to drive National Trust vehicles for this role.
- Volunteering is for two days a month at weekends, bank holidays and school holidays.
- You will carry out this role by providing visitors with:
 - a warm friendly welcome to the Peak Estates;
 - information about the estate, its facilities and events; and
 - interesting information about the estate which will engage them and make their visit more enjoyable.
- Volunteers will receive comprehensive induction and training for this role, plus ongoing support.

Visitor Services Volunteers – The National Trust (Kedleston Hall)

- We are looking for Visitor Services Volunteers to assist with events, welcome and occasionally lead booked groups, and help in Visitor Reception on busy days.
- This varied role would suit volunteers who are available on a casual basis throughout the year.

Volunteer at Strutt's North Mill – Strutt's North Mill

- The Museum and Derwent Valley Visitor Centre (DVVC) and shop are staffed by members of the Volunteers' Association.
- The Volunteers' Association contributes a variety of skills and interests and takes on a variety of tasks under the leadership of the Manager.
- Some welcome the public either as receptionists or guides in the museum. They aim to make the visitor experience as interesting and enjoyable as possible. Full training is given and volunteers learn how the DVVC is run by coming on duty with more experienced volunteers until they feel confident enough to begin duties on their own.
- Volunteers also carry out duties such as cleaning and organising social events or school visits and maintenance.

Languages

Farsi Speaking Tutors/Assistants – Persian Cultural Association (PCA)

- As part of the 'Integration of Derby Persian Communities' project funded by the Big Lottery Fund, the Persian Cultural Association is starting a new series of free Persian (Farsi) classes. The classes are aimed at people of all ages from eight years upwards, however children aged eight to 10 must be accompanied.
- The classes will be held on Monday evenings from 6.00 to 8.00 pm at the Persian Cultural Association, 119 Osmaston Road, Derby DE1 2GD We are looking to recruit volunteer assistants who are confident with Farsi language to help run the classes.

Volunteer Caseworker – Derby Refugee Advice Centre

- We are looking to recruit volunteers to help with our caseworking team.
- Volunteers will be trained to give advice to refugees and asylum seekers on a wide range of different matters.
- Volunteers will be acting as an advocate with other agencies such as Jobcentre Plus, utility providers and other public agencies.

Mentoring

Mentor (Sports Focus) – Sporting Futures

- Would you like to get involved with our mentoring programme? We currently receive referrals from Social Services and other agencies to engage young people in positive activities within their community.
- Once trained, volunteers are matched up with a young person in an attempt to build up their confidence, skills and potential.
- Although our main focus is sports, the Team-mates Mentoring Programme is not exclusively sports focused.

Mentor to Business Students – Young Enterprise East Midlands

- We are looking for business volunteers to get involved and offer the students the opportunity to learn about business from their first hand, practical experience. To share their knowledge with students participating in our range of business and enterprise education programmes.
- The benefits are personal development, team working and mentoring skills and make a real difference in the community.

Volunteer Mentors – Children First Derby

- Mentors are required – aged 18 to 25 – to support teenagers who are 13 to 18 years old. Mentors will develop a one to one relationship to begin with. They will be supporting teenagers to develop their confidence, self esteem and a positive attitude and will help them to get involved in their community, be able to talk through their problems, to listen and understand.
- Volunteers will undertake training at Children First and be supported through their role. There will also be the possibility of taking NVQs.

Prisoners and Ex-offenders

Mentors (Chaplaincy Service) – HMP Nottingham (Nottingham Prison)

- Mentors befriend an offender and begin to build up trust before his release date, and to meet the offender at the prison gate on release.
- Mentors will stay close to the newly-released individual, help him sort out the practicalities of being 'outside' and then support him as he rebuilds his life.
- Mentors have a key role in helping people stay out of prison.
- Mentors must be over 25 years old.

Volunteer Mentor – SOVA Mentoring/Appropriate Adult Scheme

- Mentoring young people in engaging them in effective use of leisure time, educational interests and new hobbies.
- Empowering young people in exploring alternatives to their current situation.
- OCN accredited training delivered to all volunteers.

Volunteer Mentor (REACH project) – National Probation Service/Derbyshire Probation Trust

- Meet with the offender as agreed with the Case Manager/Mentor Coordinator as and when instructed at a location agreed by all parties.
- Support, assist and motivate the offender throughout the duration of their involvement with REACH in order for them to receive the full benefits of the project.
- Assist the offender to develop their life skills and appropriate attitudes, improving their prospects of employment/accessing training
- Accompany the offender to appointments and/or job/training placements and encouraging them to continue with any progress made.
- Provide feedback to the Mentor Coordinator/Case Manager after each meeting.
- Attend any additional training events deemed necessary by the Mentor Coordinator
- You can expect in return to:
 - build on existing skills and learn new ones with training and ongoing support;
 - be part of a challenging, new and exciting project;
 - work with offenders who may have been assessed as having multiple needs, be of high risk of harm and require additional support in accessing employment/training;
 - have regular supervision, support and feedback from the Mentor Coordinator; and
 - have a positive influence in the process of helping disadvantaged individuals back into mainstream employment/training.

Sport and Outdoor Activities

Jog Derbyshire Leader – Derbyshire Sport

- To lead locally based, community focussed jogging groups as part of the Jog Derbyshire Project. Get fitter, make new friends and give something back to your local community.
- Groups can be based from almost anywhere from sports centres to the local pub, see www.activederbyshire.co.uk/jogderbyshire.asp

Sailing Volunteers (Help People with Disabilities to Sail) – Carsington Sailability

- Help people who have a wide range of disabilities get into boats and sail – also help is required launching and recovering boats with day to day maintenance.
- Days and times may increase.

Volunteer Skateboarding Instructor (Basic Level) – Hooked Derby Extreme Sports

- Encouraging children and young people to push their enthusiasm for skateboarding by teaching, aiding and supporting them using a simple teaching plan.
- This includes general equipment set-up, mentoring, fundraising and other related activities.

Trusteeship and Committee Work

Committee Member – ME Derbyshire

- You will be involved with fellow committee members in the running of the group and organising events and activities.
- We produce a quarterly newsletter, email bulletins and news reports on relative issues. We have an up to date website that contains key information and contacts.
- The committee meets six plus times a year and takes part in additional activities as and when they are organised.

Treasurer – Sunnyhill Community Centre

- We are looking for someone to work alongside our well established committee and Centre Manager for approximately six hours per week. Monday mornings preferably, to empty the safe and bank the contents, then the rest of the hours to suit.
- Volunteering can take place at home or at the Community Centre.
- The Treasurer's duties will be to:
 - secure and manage grants to ensure wages for the three part time staff;
 - deal with paying of salaries and Inland Revenue payments;
 - manage the association's finances, paying bills and invoices, banking of cash and cheques;
 - attend to book keeping, keeping accurate records;
 - provide financial reports and attend committee meetings on a regular basis; and
 - provide the report for the Annual General Meeting which is held in May each year.

Volunteer Trustee – SAIL

- Are you a woman who can carefully make tough decisions, someone who can work in a team and can you problem solve and think creatively? If so, we would like to hear from you.
- We are looking to recruit more board members. You'll be contributing to the maintenance and development of the organisation, taking key decisions at monthly trustee meetings. The meetings take place monthly on a Wednesday evening, with some very occasional Saturday training/planning and so on.
- Please note that we are based in Chesterfield.

Women's Groups

Gardening Volunteer – Derby Women's Centre (DWC)

- DWC provides a range of services for women which includes counselling, pregnancy testing, courses and projects. A crèche is also provided at the Centre.
- We are looking for a keen female gardener who is interested in using their creative and weed-busting talents to help our garden look a bit tidier than it currently is. You'll be part of a very friendly team here at the Women's Centre. This is a great opportunity to gain ownership of a creative piece of work.
- For more info about what we can offer go to www.derbywomenscentre.org.uk

Women's Groups – continued

Volunteer Support Worker (The Big Difference Project) – Women's Work

- Women's Work is a national award winning charity based in Derby and provides support to vulnerable women and their families who are affected by drug and alcohol problems.
- The aim of the project is to engage with women who have drug and alcohol issues and are involved in street sex work. The Project Workers offer one to one sessions, workshops, drop-in services and outreach.

Volunteer Support Worker (The Link Work Project) – Women's Work

- The Link Work Project provides support by providing workshops and courses to improve parenting skills, providing information on nutrition, health and well being and facilitating physical leisure activities for families.
- We will empower families to develop and improve life skills through practical budgeting, shopping and financial understanding, engage and support families with one to one key working, and empower families to access other services within the community to improve inclusion.
- We provide support for expectant and new mums.
- We give harm reduction advice and information on drugs and alcohol treatment and run behaviour and management workshops and other services including home visiting, advice, support and signposting.

As you can see, there is a wide range of opportunities on offer. We like to feel that there is always something for everyone – so don't delay, contact the Volunteer Advice Line on 01332 342272, call in to see us, or take a look at www.do-it.org.uk